



# BRACKENSDALE MENU

WEEK 3



w/c 24<sup>th</sup> Sept, 15<sup>th</sup> Oct, 12<sup>th</sup> Nov, 3<sup>rd</sup> Dec,

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish</b>	Beef burger in a bun with Cheese Potato Wedges	All Day Breakfast (Bacon, Sausage, Egg) Wholemeal Toast	Pork meatball, cheese & tomato pizza Diced Potatoes	Roast Chicken, Stuffing (G), Creamed Potatoes and Gravy (C,G)	Battered Cod and Chips or Salmon Goujons
<b>Vegetarian</b>	Broccoli & Sweetcorn Pasta in a Tomato Sauce Garlic Bread	All Day Breakfast (Bacon, Quorn Sausage, Egg) Wholemeal Toast	Pineapple, cheese & tomato pizza Diced Potatoes	Roast Quorn, Stuffing, Yorkshire Pudding, Creamed Potato	Quorn Nuggets and Chips
<b>Vegetables</b>	Carrots, Sweetcorn, Peas	Sweetcorn, Carrots, Baked Beans	Sweetcorn, Carrots, Ratatouille	Carrots, Green Cabbage, Broccoli	Sweetcorn, Carrots, Mushy Peas
<b>Salad Bar Specials - Allergens Listed on Salad Bar Daily</b>	Fresh Salad - leaves, Tomato, Onion, Cucumber, Carrot, Coleslaw	Fresh Salad - leaves, Tomato, Onion, Cucumber, Carrot, Coleslaw	Fresh Salad - leaves, Tomato, Onion, Cucumber, Carrot, Coleslaw	Fresh Salad - leaves, Tomato, Onion, Cucumber, Carrot, Coleslaw	Fresh Salad - leaves, Tomato, Onion, Cucumber, Carrot, Coleslaw
<b>Jacket Potato Choose 2</b>	Tuna Mayo & Sweetcorn Cheese Tomato Salsa	Ham & Tomato, Coleslaw, Sweetcorn Mayo	Chicken Mayo, Cheese, Sweetcorn, Coleslaw	Tuna, Mint Cucumber, Mayo, Cheese	Roast Chicken, Grated Carrot, Sweetcorn, Cheese
<b>Dessert</b>	Custard Biscuit	Marble Sponge & Custard	Bakewell Tart	Mixed Fruit Jam Iced Bun	Vanilla Sponge, Chocolate Custard

Available daily – A Selection of Fresh Bread, at least five different kinds of fresh salad, fruit basket and homemade yogurt.

