

# Physical Education at Brackensdale Primary School

“Just play, have fun and enjoy the game.”

Michael Jordan

Here at Brackensdale Primary School, we want all of our children to love physical activity and engage with our exciting curriculum in order to develop their fundamental sports skills and knowledge. From early years through to Year 6, we aim to provide excellent, memorable PE lessons and exciting experiences that will enthuse them to continue to live a healthy lifestyle even after their time with us. We would like to encourage them to show good sportsmanship and excellent team ethos.



## Curriculum Intent

Brackensdale Primary School uses the National Curriculum and our close links with the SSP (School Sports Partnership) to provide each year group with sequenced and progressive lessons to help them reach their maximum potential. Through the teaching of physical education at our school, we offer a varied and inclusive programme of study that encourages all children to become resilient and enthusiastic learners of PE that will follow them through life.

## PE Areas at Brackensdale

Children at Brackensdale are taught the importance of moving, fundamentals and physical education from Nursery to Year 6.

Our current PE topics are as follows:

## Key Stage 1

### Brackensdale Primary School – PE Curriculum Overview (KS1)

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Reception</b>	Fundamentals (KS1 Planning)	Dance – The Nutcracker (Planning - dance resource SSP)	Games (Planning – SSP resource)	Gymnastics (Planning – SSP resource)	Dance – Mini Beasts or Shadows (Planning – SSP resource)	Athletics
<b>Year 1</b>	Gymnastics – Floor (Planning – SSP resource)  Outdoor (Invasion) Games - (Planning – SSP resource)	Dance – Colours - (Planning – SSP resource)  Games(OAA) - (Planning – SSP resource)	Gymnastics (apparatus) - (Planning – SSP resource)  Outdoor Games - (Planning – SSP resource)	Dance – Myself and my body - (Planning – SSP resource)  Outdoor Games - (Planning – SSP resource)	Gymnastics – Floor and Apparatus - Outdoor Games - (Planning – SSP resource)  Outdoor Games - (Planning – SSP resource)	Dance – Toys - Outdoor Games - (Planning – SSP resource)  Athletics
<b>Year 2</b>	Gymnastics – Floor (Planning – SSP resource)  Outdoor (Invasion) Games - (Planning – SSP resource)	Dance – The Sea – SSP (Planning – SSP resource)  Games(OAA) - (Planning – SSP resource)	Gymnastics (apparatus) - (Planning – SSP resource)  Outdoor Games - (Planning – SSP resource)	Dance – Seasons - (Planning – SSP resource)  Outdoor Games - (Planning – SSP resource)	Gymnastics – Floor and Apparatus - Outdoor Games - (Planning – SSP resource)  Outdoor Games - (Planning – SSP resource)	Dance – Lifecycles - Outdoor Games - (Planning – SSP resource)  Athletics

## Key Stage 2

### Brackensdale Primary School – PE Curriculum Overview (KS2)

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 3</b>	Fundamental Skills (throw / catch, move)  Gymnastics - (Planning – SSP resource)	OAA - (Planning – SSP resource)  Fitness - (Planning – SSP resource)	Dance –  Games (Invasion) - (Planning – SSP resource)	Gymnastics - (Planning – SSP resource)  Games – Net / Wall - (Planning – SSP resource)	Games – Net / Wall - (Planning – SSP resource)  OAA – Orienteering - (Planning – SSP resource)	Games – Striking and Fielding - (Planning – SSP resource)  Dance -
<b>Year 4</b>	Swimming  Gymnastics - (Planning – SSP resource)	Swimming  Fitness - (Planning – SSP resource)	Swimming  Games (Invasion) - (Planning – SSP resource)	Swimming  Games – Net / Wall - (Planning – SSP resource)	Swimming  OAA – Orienteering - (Planning – SSP resource)	Swimming  Dance -
<b>Year 5 &amp; 6</b>	Gymnastics - (Planning – SSP resource)  Games (Invasion) - (Planning – SSP resource) Tag Rugby?	Fitness – Circuits - (Planning – SSP resource)  Games Invasion (Basketball / Netball) - (Planning – SSP resource)	Dance –  Games Invasion (Paceball) - (Planning – SSP resource)	OAA – Orienteering - (Planning – SSP resource)  Games – Net / Wall (Planning – SSP resource)	Games Invasion (Football) - (Planning – SSP resource)  Games – Striking & Fielding – Netball - (Planning – SSP resource)	Games Invasion - (Planning – SSP resource)  Athletics

## **Local Links**

We work closely with the SSP to provide the children with great opportunities to showcase their sporting abilities outside of our own school grounds. These include such activities as city wide competitions; inter school competitions and intra school competitions. We also offer a wide range of clubs that give the children the chance to try sporting activities that they wouldn't normally get the chance to do in school e.g. laser tag, zorbing, dodgeball and many more.