



If you are being bullied or see others being bullied:

You must:

- Tell someone straight away.
- Always tell the truth.
- Try to stay calm and walk away
- Look for support from friends

You must never:

- Keep it to yourself
- Be unkind back
- Blame yourself

Who is responsible for anti-bullying in our school?



EVERYONE

Our Promise

1. We always say kind words to each other
2. We don't laugh at or tease others
3. We don't leave others out on purpose
4. We talk about a problem
5. We tell an adult if we think someone else is being bullied

What our school does to respond to bullying...

- Talk – everyone involved talks, you will be listened to and we will help you to feel better.
- Parents – The Head Teacher will talk to your parents or carers.
- Investigate – adults in school will find out what happened and support you.
- Monitor – means that the adults in school will watch to make sure it doesn't happen again.
- Stop it happening – by making sure there are consequences for bullying behaviour.
- Help you to feel better. We find out why the bully is trying to make people unhappy. We help them to find a better way to manage their feelings. We work with their parents to do this too.



**Brackensdale ER
Primary School**

Child Friendly

Anti-Bullying Policy

We belong together

Brackensdale

Anti-Bullying Promise

“We promise to be kind to each other and to stop bullying in our school.”



What is bullying?

In our school bullying is when someone is unkind, unfair, on purpose and lots of times.

There are different types of bullying:

Emotional:

Name calling, teasing, spreading lies about someone, leaving people out on purpose.

Physical:

Hitting, tripping up, kicking, pushing, damaging someone’s property.

Cyber:

Unkind words on social media e.g. Facebook or Snapchat, mean emails or text messages, unkind words on x-box live chat.



Bullying is not:

- Falling out with friends
- Fighting
- Something that happens once
- An accident
- People joking with each other

Who is a bully?

Bullies can be boys or girls. One person or a group of people.

Who can I tell?

- Family
- Teachers or other adults in school
- Friends
- Police
- Someone you trust

Never put up and say nothing.



To stop bullying everywhere for everyone – let’s make a noise about it.

Stop Bullying.

Be Kind.